#### THE INEVITABLE (DEATH & FUNERAL WORKSHOP)



# RULINGS PERTAINING TO 'IDDAH

Waiting period
For the Widow





## WHAT IS 'IDDAH?

Linguistic Definition: To count.

#### Shar<sup>c</sup>ī Definition:

- The waiting period a woman must observe upon the death of her husband, being divorced or upon the termination of her nikāḥ (marriage contract) through any other reason.
- The waiting period she must observe before remarrying to seal the effects of the previous marriage (such as pregnancy).

## OBLIGATION OF 'IDDAH

## Allāh's eacommand

﴿ وَٱلَّذِينَ يُتَوَفَّوْنَ مِنكُمْ وَيَذَرُونَ أَرْوَجًا يَتَرَبُّضَنَ بِأَنفُسِهِنَّ أَرْبَعَةً أَشْهُرٍ وَعَشْرًا ﴾

And those who are taken in death among you and leave wives behind - they, [the wives, shall] wait four months and ten [days]. {Al-Baqarah:234}

## WISDOMS FOR OBLIGATION OF 'IDDAH

- To express grief over the loss of the great blessing of nikāḥ. Appreciate its value.
- To confirm whether she is pregnant or not to protect the child's lineage.

[Badāi<sup>c</sup> waṣ Ṣanāi<sup>c</sup> 4/494] [Fatāwā Dārul <sup>c</sup>Ulūm Zakariyyā 4/315]

## OBLIGATION OF 'IDDAH

Upon the husband's death, 'iddah is wājib on the wife in ALL cases.

- The wife is bāligh or non-bāligh.
- **They had intercourse or not.**
- **She** came to live with him or not.
- She menstruates or not.



Begins immediately after the husband's death.

[Raddul Muhtar with Durr Mukhtar 10/314]

4 lunar months 10 days.

If pregnant, until the child is delivered.

[Raddul Muhtār with Durr Mukhtār 10/283-285]

The husband passes away on the 1st of a lunar month.

4 months and 10 days by moon sighting.

[Raddul Muhtār with Durr Mukhtār 10/280-281]

#### ŞAFR

SUN	MON	TUE	WED	THU	FRI	SAT
Husband Died	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	0			

#### **RABĪ' UL AWWAL**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	*					

#### RABĪ UTH THĀNĪ

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						

## 4 months 10 days

#### JUMĀDAL 'ULĀ

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					0

#### JUMĀDAL 'UKHRĀ

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10 IDDAH ENDS	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

The husband passes
away on a date
other than the 1st
of a lunar month.

130 days

(30x4=120+10=130)

[Raddul Muhtār with Durr Mukhtār 10/280-281]

#### **ŞAFR**

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
Husband Died	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30		 	†	 	
	DAY 22					

#### RABĪ UL AWWAL

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						
DAY 51						

#### RABĪ UTH THĀNĪ

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						
DAY 80	 					

#### 130 DAYS

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
В	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 DAY 110			1		

JUMĀDAL 'ULĀ

#### JUMĀDAL 'UKHRĀ

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8 4 months	9	10	11	12	13	14
15	16	17	4 months 10 days	19	1DDAH ENDS	21
22	23	24	25	26	DAY 130 27	28
29	30					†

#### **NOTE**

- Once the period ends, the 'iddah terminates.
- NO specific ritual to signal the end of 'iddah.
- NOT necessary to specially leave the house to confirm the completion.
- NOT necessary to specifically wear new clothes, take a bath etc.

[Maḥmūdul Fatāwā 4/510, Kitābul Masāʾil 5/385, Fatāwā Qāsmiyyah 16/594]

## WHAT IS IHDAD?

Refraining from adornment and beautification as part of mourning during the 'iddah.

[Raddul Muḥtār with Durr Mukhtār 10/346]

## ON WHOM IS IḤDĀD WĀJIB?

It is wājib on a widow or irrevocably divorced woman who is:



A Muslim



Married through a saḥīḥ nikāḥ

(a nikāḥ considered valid in the Sharī ah)



Sane



Has reached the age of puberty

[Raddul Muhtār with Durr Mukhtār 10/347]

## ON WHOM IS IḤDĀD WĀJIB

It is wājib for the following to observe iḥdād for the remainder of the 'iddah period:

- A non-Muslim who accepts Islām within the 'iddah period.
- An immature girl who becomes mature during the 'iddah period.
- An insane woman who regains sanity during the 'iddah.

## REASON FOR IHDAD

- ❖It is a Sharī<sup>c</sup>ah right.
- It serves as a means to express remorse over the loss of the blessing of the nikāḥ.
- ♦ Beautification are causes for men being inclined towards her. She should stay away from it since she has been prohibited from remarrying during the 'iddah.

## IḤDĀD

\*It is permissible (not wājib) to observe iḥdād for relatives other than the husband for ONLY 3 days. [Raddul Muḥtār with Durr Mukhtār 10/354-355]

Zaynab bint Abī Salamah said: "I entered upon Umm Ḥabībah, the wife of the Prophet when her father Sufyān ibn Ḥarb died. So she asked for some perfume that had something yellow saffron or something else, so a girl applied it to her and put some on her cheeks. Then she said: 'By Allah! I have no need for perfume except that I heard the Messenger of Allāh saying: 'It is not lawful for a woman who believes in Allāh and the Last Day to mourn for the dead more than three days, except for her husband (in which case it is) four months and ten days.'" [Ṣaḥīḥ al-Bukhārī #5334]

## IHDAD- X THE DON'TS X

All types of jewellery (gold, silver, jewels, gems, etc.)

Applying kuḥl (surmah/antimony)

Applying perfume, cream, powder or any other scented cosmetics to the body and clothes

Combing hair with a fine-tooth comb

Applying oil to the hair whether the oil is fragrant or not

Wearing attractive, fancy and flashy clothing for beautification purposes.

Silk clothing (all types and colours including black)

New clothing specially dyed and fragrant

Applying mehndhi (henna)

Applying makeup

Participating in any joyous or sad occasion

[Raddul Muḥtār with Durr Mukhtār 10/348-350, Fatāwā Dārul ʿŪlūm Zakariyyā 4/320]

## IHDAD-ALLOWANCES DUE TO NEED

#### Applying kuḥl (surmah/antimony) as a balm to relieve eye-pain

- a) If it can suffice to apply it once (either in the day or night), then it must be applied at night and removed in the morning.
- b) If it cannot suffice to apply it only once at night, it is permissible to apply the amount necessary.

Applying oil or *mehndhi* to the hair and combing it with a thick wide-tooth comb for medical reasons.

E.g. a headache or lice

Wearing silken clothes if she suffers from itchy skin

Wearing dyed or flashy clothes if she has no other clothing to cover her 'awrah N.B. This would only be allowed until she is able to acquire other clothing, even if it entails selling these ones to purchase other simple clothing.

## IHDAD- THINGS PERMITTED



#### **Black clothing**

N.B. Not specifically dyed nor bought for mourning.

Dyed clothing which has become old and worn out.

Bathing with soap and washing hair with shampoo.

Beautifying the house, sitting on silken cushions

Moving around the house. Not restricted to a specific room

Doing housework

## MARRIAGE DURING 'IDDAH

- ❖It is not permissible to marry a woman during her ʿiddah.
- It is not permissible to send a marriage proposal to a woman during her 'iddah.
- **❖**It is permitted to hint the proposal.

[Badāi<sup>c</sup> waṣ Ṣanāi<sup>c</sup> 5/523, Raddul Muḥtār with Durr Mukhtār 10/358]

#### PARDAH DURING 'IDDAH

- The ruling is the same as the ruling for general circumstances.
- NOT specific to 'iddah.
- ❖It is necessary to observe pardah from all non-maḥrams.
- ❖It is permitted to speak to non-maḥrams ONLY if necessary while observing pardah.

[Kitābul Masā'il 5/400, Fatāwā Raḥīmiyyah 8/435]

- It is wājib to spend the 'iddah in the home they were living in when the death occurred.
- If she was visiting relatives in the vicinity when the husband died, she must immediately return to spend the 'iddah in his home.

#### It is permissible to spend the 'iddah in another house if:



The landlord expelled her since she could not pay rent.



The house or part of it collapses or she fears it will collapse.



She fears her wealth will be stolen or destroyed.



Extremely afraid to spend the night alone.

[Raddul Muḥtār with Durr Mukhtār 10/366-367]

#### It is permissible to spend the 'iddah in another house if:



The inheritors demand that the house be divided and the widow's share is not sufficient after division.

OR They agree to take turns to use the house.

If she can afford it, she should buy the remainder shares or rent it from the other heirs and remain in that house.

[Raddul Muhtār with Durr Mukhtār 10/366-367]

In these cases, where will she move?

- To the closest available home.
- ❖If two available homes are equal in proximity, she can choose.

[Raddul Muḥtār with Durr Mukhtār 10/367]

- It is generally not permissible.
- It is ONLY permitted for a valid need.

[Raddul Muhtar with Durr Mukhtar 10/358]

## LEAVING THE HOME-VALID NEEDS

- 1. To earn a living if she does not have sufficient money to fulfil her needs.
- 2. To attend to such matters which require immediate attention if she has no representative who can manage the matter on her behalf.
- 3. To go to buy essentials, groceries etc. if she has no one to do it on her behalf.
- 4. To go to the Dr. if she is very ill and the Dr. cannot house visit.
- 5. To be hospitalized if extremely ill.
- 6. To go to the court to give testimony or sign important documents.
- 7. To exit if there is an emergency such as an earthquake warning.

#### **NOTE**

- Once her need is fulfilled, she must return.
- She must return home by night.
- Spend most of the night in the home.
- If she has enough funds to fulfil her basic needs or a family member to maintain her expenses, it is NOT permissible to leave to earn a living.

#### **NOTE**

- Not permitted to visit sick relatives or to go to see the parents if they passed away.
- However, if it will have a severe mental effect on her if she does not go, leeway has been given in such dire cases.

[Kitābul Masāʾil 5/405-407, Fatāwā Dārul ʿUlūm Zakariyyā 4/320, 323]

- \* If she exited the home without a valid need, there is no kaffārah (compensation).
- She must repent and seek forgiveness.

[Āp ke Masāʾil aur unka Ḥal 6/711]

#### TRAVELLING DURING'IDDAH?

- ❖It is NOT permitted to travel during 'iddah.
- It is NOT permitted to travel to perform Umrah or a fard Ḥajj either.

[Baḥr Rā'iq, Badāi' waṣ Ṣanāi']

#### **SCENARIO 1**

Distance to hometown=
Less than 48 miles

Distance to destination=

More than 48 miles

Distance to destination=
Less than 48 miles

RETURN TO HOMETOWN

[Raddul Muḥtār with Durr Mukhtār 10/371-372]

#### **SCENARIO 2**

Distance to hometown=

More than 48 miles

Distance to destination=

Less than 48 miles

CONTINUE TO DESTINATION

[Raddul Muḥtār with Durr Mukhtār 10/372]

#### **SCENARIO 3**

Distance to hometown=

More than 48 miles

Distance to destination=

More than 48 miles

**RETURN TO HOMETOWN** 

(PREFERRED)

OR

**CONTINUE TO** 

**DESTINATION** 

[Raddul Muhtār with Durr Mukhtār 10/372]

#### SCENARIO 3 (b)

Distance to
hometown=
fore than 48 mile

More than 48 miles suit

En-route reaches a suitable city/village. Safe and secure.

STAY IN THAT VILLAGE OR CITY

Distance to destination=

More than 48 miles

[Raddul Muḥtār with Durr Mukhtār 10/371-372]

#### **SCENARIO 4**

Distance to hometown=
More than 48 miles

In a city or village suitable to stay in.

Life and wealth secure.

Sufficient funds.

REMAIN IN
THIS CITY OR
VILLAGE

[Raddul Muhtār with Durr Mukhtār 10/373-374]

#### **NOTE**

- ❖It is permitted to travel back to one's hometown if one cannot stay in that city due to visa issues, governmental regulations etc.
- After the 'iddah, when returning home or continuing to her intended destination, she must travel with a maḥram.
- ♦If a maḥram is not present, it is NOT permissible for her to leave this place and travel the distance of a sharī travel.

[Maḥmūdul Fatāwā 5/409, Ṭawāli'ul Anwār]

MAY ALLAH **GRANT US THE** TRUE UNDERSTANDING AND ABILITY TO FOLLOW HIS COMMANDS. AMĪN.

