

Ramaḍān Daily Routine



BAITUL ILM WAL AMAL
CLASSES FOR SISTERS








وَالْعَصْرِ ﴿١﴾ إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ ﴿٢﴾
إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَتَوَاصَوْا بِالْحَقِّ وَتَوَاصَوْا
بِالصَّبْرِ ﴿٣﴾

“By time, Indeed mankind is loss. Except for those who have believed and done righteous deeds and advised each other to truth and advised each other to patience.” {Al-‘Āṣr}

- ✓ **Mentally prepare ourselves.**
- ✓ **Set goals.**
- ✓ **Organise and manage our time.**
- ✓ **Do not waste a single moment.**
- ✓ **Prepare a realistic schedule.**

PRE RAMADAN CHECKLIST

-  Read books/articles or listen to lectures to prepare for Ramadan.
-  Prepare list of Du'a.
-  Set goals for worship - prayers, recitation of Qur'an, dhikr.
-  Set aside money to be given for daily charity and ideally list for whom.
-  Cut bad habits.



Go on a "Technology diet". Focus on Al Qur'an and Sunnah. Reduce distractions and unnecessary access to social media.



Clean your house.



Prepare daily menu for Ramadan. Be moderate.



Buy groceries.



Complete Eid Fitri shopping prior to Ramadan.



LET'S START PLANNING!

FIRST KALIMAH

100
TIMES

لَا إِلَهَ إِلَّا اللَّهُ مُحَمَّدٌ رَسُولُ اللَّهِ

Laaa Ilaaha Illa-Ilaahu Muhammadur-Rasoolu-Ilaah

There is none worthy of worship except Allah and
Muhammad is the Messenger of Allah

THIRD KALIMAH

100
TIMES

سُبْحَانَ اللَّهِ وَالْحَمْدُ لِلَّهِ وَلَا إِلَهَ إِلَّا اللَّهُ وَاللَّهُ أَكْبَرُ
وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ

Subhaana-llaahi Walhamdu Lillaahi Walaaa Ilaaha Illa-llaahu Wallaahu
Akbar. Walaa Hawla Walaa Quwwata Illaa Billaahi-l 'Aliyyil 'Azeem.

Glory be to Allah and all praise be to Allah, there is none worthy of
worship except Allah, and Allah is the Greatest. There is no might or
power except from Allah, the Exalted, the Great One.

SŪRAH YĀSĪN

“Whoever recites Yāsīn in the morning, his work for that entire day will be made easy and whoever recites it at the end of the day, his tasks till the next morning will be made easy.”

(Sunan Dārimī #3426)

ISHRĀQ ṢALĀH

- ❖ Optional prayer
- ❖ Time: Approximately 20 minutes after sunrise.
- ❖ 2 or 4 Rakʿahs

(Kitābul Masāʿil 1/494, Fatāwā Dārul ʿUlūm Zakariyyā 2/390)

ḌUHĀ ṢALĀH

- ❖ Optional prayer
- ❖ Time: Around 10:00 a.m./11:00 a.m. after the sun becomes bright.
- ❖ 2 to 12 Rakʿahs

(Kitābul Masāʿil 1/494-495)

QAḌĀ' ṢALĀH

- Fajr: 2 *fard*
- Zuhr: 4 *fard*
- 'Asr: 4 *fard*
- Maghrib: 3 *fard*
- 'Īshā': 4 *fard*
- Witr- 3

AWĀBĪN ṢALĀH

- ❖ Optional prayer
- ❖ Time: After Maghrib
- ❖ 6 Rakʿahs

(Kitābul Masāʿil 1/495)

SŪRAH MULK & SAJDAH

- ❖ Jābir رضي الله عنه said that Nabī ﷺ would not sleep until he had recited Tanzīl Al-Sajdah and Tabāarak. [Tirmidhī #3404]
- ❖ “There is a *sūrah* in the Qur’ān containing thirty verses which will intercede for its companion (reciter) until he is forgiven. It is *Tabāarakal ladhī bi yadihil mulk.*” [Abū Dāwūd #1400]
- ❖ Regarding *Sūrah Mulk*, Rasūlullāh ﷺ said: “It is the defender, it is the deliverer- it delivers from the punishment of the grave.” [Tirmidhī #2890]

SŪRAH WĀQI‘AH

“The person who recites *Sūrah Al-Wāqi‘ah* every night will never be afflicted with poverty.”

[*Ibn ‘Asākir* #6817-#6818, *Ibn Sunnī* #680]

TAHAJJUD ṢALĀH

- ❖ Optional prayer
- ❖ Most virtuous prayer after the *fard*.
- ❖ Time: Best is after $\frac{1}{2}$ or last $\frac{1}{3}$ of the night.
- ❖ 2 to 8 Rak'ahs

(Kitābul Masā'il 1/497-498)

1 Ramadan

Hadith of the Day

Whoever seeks forgiveness for every male and female believer, Allah will record a good deed for him for every male and female believer.
[Tabarani]

DAY | MONTH | DATE

(Example: Friday | April | 24)

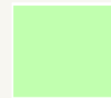
Deed of the Day

Purify our intentions to perform our fast and good deeds for the sake of Allah and take a minute or two today to seek Allah's forgiveness for all the believers.

Prayer Tracker

FAJR	SUNNAH
DHUHR	SUNNAH
'ASR	SUNNAH
MAGHRIB	SUNNAH
ISYA'	SUNNAH
TARAWEEH	WITR
TAHAJJUD	DUHA

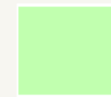
Qur'an Tracker



Verse(s)



Surah(s)



Juz(s)

Daily Checklist

- Morning Adhkar
- Evening Adhkar
- Istighfar at least 70 times
- Syukur: Say Alhamdulillah
- Give Charity
- Random Act of Kindness (examples on page 41)
- Recite Al Qur'an & Tadabbur
- Deed of the Day
- Adhkar before Sleep (refer to page 42 - 43)

Du'a of the Day

رَبَّنَا اغْفِرْ لِي وَلِوَالِدَيَّ وَلِلْمُؤْمِنِينَ يَوْمَ يَقُومُ الْحِسَابُ

Our Lord, Forgive me, and my parents, and the believers on the Day of Accounting.

[Ibrahim, 14:41]



Hadith of the Day: Belief in Allah

Reported by Jabir (RA): When we ascended (a height) we would proclaim: "Allahu Akbar (Allah is Greatest)," and when we descended (from the height) we would proclaim: "Subhan Allah (Allah is free from imperfection)."

Action	✓
Prayed all 5 obligatory prayers	
Prayed Salat-ul Duha	
Prayed Tarzweeh Prayers	
Completed 1 Juz of the Qur'an	
Memorised hadith of the Day	
Memorised du'a of the Day	
Performed deed of the day	
Practiced sunnah of the day	
Learnt Names of Allah	

★ Sunnah of breaking fast with dates

Always break Fast with Dates if available, if not then dried dates, if not then water.

✎ Volunteer to help make or serve the food at Iftar whether you are at home or the Mosque

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا، وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا
 Allaahumma laa sahla 'illaa maa ja'altahu sahlan wa 'Anta taj'alul-hazna 'ithaa shi'ta sahlan

O Allah, there is no ease other than what You make easy. If You please You ease sorrow.

ٱللَّهُ ٱلَّذِى
 Allah - Allah, He who has the God-hood which is the power to create the entities.

ٱلرَّحْمٰنُ
 Ar-Rahmaan - The Compassionate

ٱلرَّحِیْمُ
 Ar-Raheem - The Merciful

ٱلْمَلِکُ
 Al-Malik - The King, and The Sovereign Lord

Notes

Hadith of the Day: Showing off

Reported by Jundub (RA): The Prophet (Peace be upon him) said, "He who so acts to show off, Allah will disgrace him on the Day of Resurrection, and he who does good deeds so that people (may hold him in high esteem), Allah will expose his hidden evil intentions before the people on the Day of Resurrection." [Bukhari & Muslim]

Action	✓
Prayed all 5 obligatory prayers	
Prayed Salat-ul Duha	
Prayed Tarzweeh Prayers	
Completed 1 Juz of the Qur'an	
Memorised hadith of the Day	
Memorised du'a of the Day	
Performed deed of the day	
Practiced sunnah of the day	
Learnt Names of Allah	

★ Sunnah of cutting the nails

It is mustahabb to start with the hands before the feet, and to start with the forefinger of the right hand, then the middle finger, then the ring finger, then the pinkie finger, then the thumbs, then to move to the left hand and start with the pinkie finger then the ring finger, until all the fingers are done, then to move to the right foot and start with the smallest toe on the right foot and end with the smallest toe on the left foot. And Allaah knows best. (Muslim)

✎ When preparing food for Iftar keep aside a separate portion and offer it to your neighbours whether Muslim or Non-Muslim.

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

Laa 'ilaaaha 'illaa 'Anta subhaanaka 'Innee kuntu min-azh-dhaalimeen

There is none worthy of worship but You, glory is to You. Surely, I was among the wrongdoers.

ٱلْقُدُّوسُ
 Al-Quddoos - The Holy

ٱلسَّلَامُ
 As-Salaam - The Source of Peace

ٱلْمُؤْمِنُ
 Al-Mu'min - Guardian of Faith

Notes

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Publications Section



اللَّهُمَّ بَلِّغْنَا رَمَضَانَ

ALLAHUMMA BALLIGHNA RAMADAN

**OH ALLAH, LET US REACH
THE MONTH OF RAMADAN**

A close-up photograph of pink cherry blossoms on a dark branch, with a soft, out-of-focus background. The blossoms are in various stages of bloom, with some showing yellow stamens. A semi-transparent white circle is overlaid on the center of the image, containing the text.

May Allāh Ta‘ālā allow us to reach
Ramāḍān and make the most of it.

May we maximise on this
opportunity to repent, reform ,
recharge and reconnect to our
Rabb, Allāh Ta’ālā.

Āmīn.