

# PROPHETIC MENTALITY WITH EVERY DIFFICULTY COMES EASE

اللَّهُمَّ صَلِّ وَسَلِّمْ  
وَبَارِكْ عَلَى سَيِّدِنَا مُحَمَّدٍ



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Did we not expand your chest for you?	أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ
And did we not relieve you of your burden?	وَوَضَعْنَا عَنْكَ وِزْرَكَ
That was breaking your back	الَّذِي أَنْقَضَ ظَهْرَكَ
And we had elevated your mention	وَرَفَعْنَا لَكَ ذِكْرَكَ
There is ease after every difficulty	فَإِنَّ مَعَ الْعُسْرِ يُسْرًا
Without doubt there is ease after every difficulty	إِنَّ مَعَ الْعُسْرِ يُسْرًا
So when you have completed [your task] then exert yourself [in other forms of 'Ibādah during the night]	فَإِذَا فَرَغْتَ فَانصَبْ
And turn to your rabb	وَإِلَىٰ رَبِّكَ فَارْغَبْ

Rasūllullāh ﷺ said: “No fatigue, nor disease, nor sorrow, nor sadness, nor hurt, nor distress befalls a Muslim, even if it were the prick he receives from a thorn, but that Allāh expiates some of his sins for that.”

[Ṣaḥīḥ Bukhārī: 5641]

“Similarly, no Muslim is afflicted by an injury, a thorn prick and anything above it without Allāh [most high] atoning his sins thereby as a tree sheds its leaves.”

[Ṣaḥīḥ Bukhārī: 5648]

“How excellent is the situation of the believer, all his situations are to his advantage. And this is enjoyed by non **BUT** a believer.

When he experiences occasions of happiness, he is **grateful** over this and this is to his advantage (It is good for him).

And when he experiences occasions of distress, he is **patient**. And this is to his advantage.”

أَحْسِبَ النَّاسُ أَنْ يُتْرَكُوا أَنْ يَقُولُوا ءَامَنَّا  
وَهُمْ لَا يُفْتَنُونَ

“Do the people think that they will be left to say ‘we believe’ and they will not be tested?” [29:2]

To begin his blessed life, Rasūllullāh  
ﷺ was orphaned. By the age of eight  
he lost his mother and grandfather  
as well.



Then we come to the time when the Banū Hāshim and Banu ‘Abdul Muṭṭalib were banned and took refuge in the valley of Abī Tālib, because they refused to hand over Nabī ﷺ’s life to the Quraysh. The sufferings at this time were so extreme that it is said that the wailing of the infants out of acute hunger could be heard from outside the valley.

When the Rasūl of Allāh ﷺ and the handful of early Muslims were being persecuted mercilessly. Tortured beyond our imagination. What did Nabī ﷺ do?

He enjoined patience on them and encouraged them to remain steadfast.

## What was some of their outcome?

- Bilāl رضي الله عنه had the honour of becoming the first mu'adhin of Rasāllullāh صلى الله عليه وسلم
- 'Ammār رضي الله عنه built the first masjid.

Then consider the occasion of Ṭāif, Rasūlullāh ﷺ goes there with a heart filled with hope. that this could become the base for Islām. Only to be ridiculed by the chiefs and chased out of the town by the urchins. With blood flowing from wounds of the stones they pelted him with and his shoes stuck to his feet because of the blood.

What does he ﷺ tell the angel in charge of the mountains when he appears, ready to fulfil any command of Nabī ﷺ?

The Mercy to the worlds ﷺ said, "I do hope from Allāh that there will be people from among their progeny who would worship Allāh and and will not ascribe partners to Him."

[Ṣaḥīḥ Bukhārī: 3231]

Then the death of his son Ibrāhīm رضي الله عنه. As narrated in the Ḥadīth of Bukhārī by Hazrat Anas ibn Mālik رضي الله عنه: “Allāh’s messenger صلى الله عليه وسلم took Ibrāhīm and kissed him and smelled him. And later we entered Abū Sā’if’s house and at that time Ibrāhīm was in his last breaths and the eyes of Allāh’s messenger صلى الله عليه وسلم started shedding tears. ‘Abdur Raḥmān ibn ‘Awf said: O Rasūl of Allāh صلى الله عليه وسلم! Even you are weeping?

# What did our beloved Nabī ﷺ say ?

He ﷺ said:” ‘O Ibn ‘Awf, this is mercy.’ Then he wept more and said, “the eyes are shedding tears and the heart is grieved and we will not say except what pleases our lord. Oh Ibrāhīm! We are grieved by your separation.”

[Ṣaḥīḥ Bukhārī: 1303]

# 1. We find that strong belief in Allāh.

The Ṣaḥābah said:

تَعَلَّمْنَا الْإِيمَانَ قَبْلَ أَنْ نَتَعَلَّمَ الْقُرْآنَ

“First we learnt Imān, then we learnt

Qur’ān.”

We need to increase our imān.  
How do we increase our imān?  
We need to find strong belief in  
Allāh Ta'ālā.  
But How?

Allāh Ta‘ālā says: “I give you just one advice that you stand up in pairs or singly, and then ponder.” [34:46]

**Ponder!**

Ponder over the greatness of the creations of Allāh and see the might, Power and Greatness of Almighty Allāh.

# THE SWEETNESS OF IMAN

It is stated in Bukhārī Sharīf , Anas رضي الله عنه  
narrates that Allāh's Messenger ﷺ said,  
"Whoever possesses the (following)  
three qualities will have the sweetness of  
faith:

# THE SWEETNESS OF IMAN

1. The one to whom Allāh and His Apostle becomes dearer than anything else;
2. Who loves a person, and he loves him only for Allāh's Sake;
3. Who hates to revert to atheism (disbelief) as he hates to be thrown into the Fire."

# What does “Sweetness of Faith” mean?

Experiencing “the sweetness of imān” means that a person will find enjoyment in the obedience of Allāh Ta‘ālā , be able to bear difficulties for the pleasure of Allāh Ta‘ālā and His Messenger ﷺ and prefer this to the material things of the world.

## **2. We need to Place our trust in Allāh Alone**

*“Whoever places his trust in Allāh,  
He (Allāh) is sufficient for him.”* [65:3]

**3. Let us Be contended with  
whatever Allāh has given us.**

Rasūllullāh ﷺ advised us in a  
hadith, to look at those less  
fortunate than us in worldly  
things.

## 4. Istighfār

*“Allāh extends His hand at night so that the sinner of the day may turn to Him in repentance and extends His hand in the day that the sinner of the night may turn to Him in repentance.”*

[Ṣaḥīḥ Muslim: 2759]

## 5. Ṣalāh and Patience

اسْتَعِينُوا بِالصَّبْرِ وَالصَّلَاةِ

“And seek Allāh’s help with  
patience and salāh.” [2:45]

إِنَّمَا يُوفَى الصَّابِرُونَ أَجْرَهُمْ بِغَيْرِ حِسَابٍ

**“It is the patient person alone who  
receive their reward without  
measure.”** [39:10]

## 6. Dhikrul-Allāh.

Allāh Ta‘ālā says in the Qur‘ān:

فَاذْكُرُونِي أَذْكَرْكُمْ

“Remember Me and

I will remember you.” [2:152]

Nabī ﷺ has also said:

“He who remembers his Lord and he who does not are like the living and the dead.”

[Ṣaḥīḥ Bukhārī: 6407]

## **7. The Holy Qur'an. The best form of Dhikr of Allāh.**

How many of us find solace in reciting the Holy Qur'an?

Allāh says in the Holy Qur'an:

*“Surely in the remembrance of Allāh the hearts find solace”.* [13:28]

*“In Surah Fātihah is a cure for all ailments.”*

[Shu'bul Imān: 2154]

## **8. Let our goal be pleasing our Allāh and preparing our Hereafter.**

Anas ibn Mālik narrates that the Messenger  
of Allāh ﷺ said:

*“Whoever makes the Hereafter his goal, Allāh  
makes his heart rich and organizes his affairs.  
And the world comes to him of its own accord.”*

[Jāmīʿ Tirmidhī: 2465]

# **9. Do not dwell on the past.**

Forgive the next person. He may not deserve the pardon, but you deserve the peace.

Let us not get stressed over things that has already happened. That is our Taqdīr, Destiny, and Fate.

## 10. Be optimistic.

لَا تَقْنَطُوا مِنْ رَحْمَةِ اللَّهِ

Do not be hopeless of Allāh's mercy. [39:53]

“My mercy overpowers my  
wrath.”

[Ṣaḥīḥ Muslim: 6502]

**11. Stay away from sins and do righteous deeds.**

The āyat of the Sūrah ‘Asr states:  
“By the oath of time. Man is certainly in loss.  
Except those who believe and do good deeds.”

The Messenger of Allāh ﷺ said:

Almighty Allāh said:

“My servant continues to draw near to Me with supererogatory works so that I will love him.

When I love him, I am his hearing with which he hears, his seeing with which he sees, his hand with which he strikes, and his foot with which he walks. Were he to ask [something] of Me, I would surely give it to him; and were he to ask Me for refuge, I would surely grant him it.”

**12.**

**Du'ā'**

**Supplications**

**13. Let us talk to Allāh. Let us learn to beg Allāh, plead with Him, take from His unlimited treasures.**

Allāh says, "Call on me, I will answer you!"<sup>[40:60]</sup>

Nu‘mān bin Bashīr narrates that the Messenger of Allāh ﷺ said; “supplication is indeed worship”

[Jāmī’ Tirmidhī: 2969]

Another Ḥadīth states “your supplication is accepted as long as you are not hasty. (For example) by saying: I supplicated to my Sustainer, but He did not accept my supplication.

[Jāmīʿ Tirmidhī: 3387]

And let us always remember

إِنَّ مَعَ الْعُسْرِ يُسْرًا

*Surely with every difficulty there is ease.* [94:5]

In conclusion, we ask Allāh to make our Imān strong. Give us the ability to strive for His pleasure. Protect us from all forms of calamities, hardships, illnesses, troubles and sadness. And take us from this world in a condition that He is pleased with us. Āmīn