

Supplications for the Morning and the Evening

1. Whosoever recites the complete Surahs **قُلْ أَعُوذُ بِرَبِّ النَّاسِ / قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ / قُلْ هُوَ اللَّهُ أَحَدٌ** three times in the morning and evening will be saved from all calamities. (Tirmidhi #3575)

2. Whosoever reads this dua seven times in the morning and evening, Allah will suffice him in all matters (Deeni and worldly).

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ ، عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ .

Allah is sufficient for me, there is none worthy of worship but He, in Him have I put my trust, and He is the Lord of the Mighty Throne. (Abu Dawud #5081)

3. Nothing will cause harm to the one who reads the following dua three times in the morning and in the evening.

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ ،
وَهُوَ السَّمِيعُ الْعَلِيمُ .

In the name of Allah by whose name nothing on earth and nothing in heaven can cause harm. He is All-Hearing, All-Knowing. (Abu Dawud #5088)

4. Nothing will cause harm to the one who reads the following dua in the morning and in the evening. (Awsat by Tabarani #523). Read it three times in the evening. (Tirmidhi #3604)

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ .

I seek refuge in the perfect Words of Allah against the evil He created

5. Whosoever reads the following dua in the beginning of the day, no calamity will befall him until the evening, and whosoever reads it at the end of the day, no calamity will befall him until the morning.

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، عَلَيْكَ تَوَكَّلْتُ ، وَأَنْتَ رَبُّ الْعَرْشِ الْعَظِيمِ ، مَا شَاءَ اللَّهُ كَانَ وَمَا لَمْ يَشَأْ لَمْ يَكُنْ ، لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ ، أَعْلَمُ أَنَّ اللَّهَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، وَأَنَّ اللَّهَ قَدْ أَحَاطَ بِكُلِّ شَيْءٍ عِلْمًا ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي ، وَمِنْ شَرِّ كُلِّ دَابَّةٍ أَنْتَ آخِذٌ بِنَاصِيَتِهَا ، إِنَّ رَبِّي عَلَى صِرَاطٍ مُسْتَقِيمٍ .

Oh Allah, You are my Lord. There is nothing worthy of worship except You. I place all of my trust and reliance in You and You are the Lord of the Noble Throne. Whatever Allah wishes takes place, and whatever He does not desire, does not occur, and there is no power and no strength except in Allah. The Exalted, The Mighty. I know that Allah is Powerful over all things and that Allah has knowledge of all things. Oh Allah, I seek refuge in You from the evil of my nafs (self) and from the evil of every crawling creature. You are master over them. Verily, You are Lord of the Straight Path. (Ibn Sunni #57)

15. This dua is to be read three times in the morning and evening.

اللَّهُمَّ عَافِنِي فِي بَدَنِي ، اللَّهُمَّ عَافِنِي فِي سَمْعِي ، اللَّهُمَّ عَافِنِي فِي بَصَرِي ، لَا إِلَهَ إِلَّا أَنْتَ . 3x اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ ، اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ ، لَا إِلَهَ إِلَّا أَنْتَ . 3 x

O Allah, grant me soundness in my body; O Allah, grant me soundness in my hearing; O Allah, grant me soundness in my sight, there is none worthy of worship but You. (3x) O Allah, I seek refuge with You from disbelief and poverty; O Allah, I seek refuge with You from the torment of the grave; there is none worthy of worship but You. (3x) (Abu Dawud #5090)

16. Whosoever reads the following dua four times in the morning and evening, he will be freed from the fire of Jahannam.

اللَّهُمَّ إِنِّي أَصْبَحْتُ ، أَشْهَدُكَ وَأَشْهَدُ حَمَلَةَ عَرْشِكَ وَ مَلَائِكَتَكَ وَ جَمِيعَ خَلْقِكَ ، أَنْتَ أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ ، وَأَنَّ مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ .

In the evening read أَمْسَيْتُ instead of أَصْبَحْتُ.

O Allah, I have reached the morning, I take You and I take the bearers of Your Throne, Your Angels, all of Your creation as witness (to my testimony) that there is no god but You, and that Muhammad is Your slave and Messenger. (Abu Dawud #5069)

17. These two duas are to be read once both in the morning and evening.

يَا حَيُّ يَا قَيُّوْمُ ، بِرَحْمَتِكَ أَسْتَغِيْثُ ، أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ ، وَلَا تَكِلْنِيْ إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ .

O the Ever Living, the One Who sustains and protects all that exists, I beg for Your mercy, set all my affairs straight and do not abandon me to myself for an instant. (Hakim in Mustadrak Vol.1 Pg.545)

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَجْأَةِ الْخَيْرِ ، وَأَعُوذُ بِكَ مِنْ فَجْأَةِ الشَّرِّ .

O Allah, I beg You of a surprise blessing and I seek Your protection from a sudden misfortune. (Ibnus Sunni #39)

18. Whosoever reads these two duas 100 times each in the morning and evening, no one will come on the Day of Judgment with more rewards than him but he who reads the same or more.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ .

There is no god but Allah, He is alone, He has no partner. His is the sovereignty and His is all praise. He gives life and causes death. He has power over all things. (Ibnus Sunni Amal Yawm wal Lailah #75)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ .

Glory be to Allah and praise be to Him. (Muslim #2692)

11. Whosoever reads the following dua in the morning and evening has indeed offered his day and night thanks. **In the evening read أَمْسِي instead of أَصْبَحَ.**

3

اللَّهُمَّ مَا أَصْبَحَ بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ، فَمِنْكَ وَحْدَكَ، لَا شَرِيكَ لَكَ، فَلَكَ الْحَمْدُ، وَلَكَ الشُّكْرُ.

O Allah, whatever blessing has accompanied me in the morning or any one from Your creation, then it is from You alone, You have no partner and for You is all praise and all thanks. (Sahih Ibn Hibban #861)

12. This dua is to be read once in the morning and evening.

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي، اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ رَوْعَاتِي، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ وَمِنْ خَلْفِي، وَعَنْ يَمِينِي وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعِظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي.

O Allah, I ask You for well-being in this world and in the Hereafter. O Allah, I ask You for forgiveness and well-being in my religious commitment, my worldly affairs, my family and my wealth. O Allah conceal my faults and keep me safe from the things I fear. O Allah, protect me from in front and behind, from my right and my left and from above. I seek refuge in Your might from being swallowed from beneath. (Abu Dawud #5074)

13. These two duas are to be read once in the morning.

1) اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا، وَ بِكَ نَحْيَى وَبِكَ نَمُوتُ، وَإِلَيْكَ الْمَصِيرُ.

O Allah, by You we enter the morning, and by You we enter the evening, and by You we live, and by You we die, and to You is the Return. (Tirmidhi #3391)

2) أَصْبَحْنَا وَأَصْبَحَ الْمَلِكُ لِلَّهِ رَبِّ الْعَالَمِينَ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا الْيَوْمِ،

فَتْحَهُ وَنَصْرَهُ وَنُورَهُ وَبَرَكَتَهُ وَهُدَاهُ ، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِيهِ وَشَرِّ مَا بَعْدَهُ .

We have reached the morning and dominion has reached the morning while it belongs to Allah, the Lord of the Worlds. O Allah, I ask You for the good of this day and its success, victory, light, blessing and guidance. I seek refuge with You from the evil of that which is in it and that which comes after it. (Abu Dawud #5084)

14. These two duas are to be read once in the evening. (Tirmidhi #3391) (Abu Dawud #5084)

1) اللَّهُمَّ بِكَ أَمْسَيْنَا وَبِكَ أَصْبَحْنَا، وَ بِكَ نَحْيَى وَبِكَ نَمُوتُ، وَإِلَيْكَ التُّشُورُ.

2) أَمْسَيْنَا وَ أَمْسَى الْمَلِكُ لِلَّهِ رَبِّ الْعَالَمِينَ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذِهِ اللَّيْلَةِ،

فَتْحَهَا وَنَصْرَهَا وَنُورَهَا وَبَرَكَتَهَا وَهُدَاهَا، وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِيهَا وَشَرِّ مَا بَعْدَهَا .

6. Allah promises to complete His blessings, aafiyah (well-being), and veil on the one who reads the following dua three times in the morning and evening.

2

اللَّهُمَّ إِنِّي أَصْبَحْتُ مِنْكَ فِي نِعْمَةٍ وَعَافِيَةٍ وَسِتْرٍ، فَأَتَمِّمْ عَلَيَّ نِعْمَتَكَ وَعَافِيَتَكَ وَسِتْرَكَ فِي الدُّنْيَا وَالْآخِرَةِ.

In the evening read أَمْسَيْتُ instead of أَصْبَحْتُ.

O Allah, I have reached the morning through You in blessing, well-being and concealment. So, complete for me Your blessing, well-being and concealment in this world and the Hereafter. (Ibnus Sunni Amal Yawm wal Lailah #55)

7. Whosoever reads the following dua in the morning and evening, Allah will accept his supplications.

اللَّهُمَّ أَنْتَ خَلَقْتَنِي، وَ أَنْتَ تَهْدِينِي، وَأَنْتَ تُطْعِمُنِي، وَأَنْتَ تُسْقِينِي، وَأَنْتَ تُمِيتُنِي، وَأَنْتَ تُحْيِينِي.

O Allah, You created me, You are the one who guides me, You are the one who feeds me, You are the one who gives me to drink, You will cause me to die and You will bring me back to life. (Tabarani in Mu'jam Awsat #523)

8. Whosoever reads the following dua in the morning and in the evening, Allah will free him of his worries and debts.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْهَمِّ وَالْحُزْنِ، وَأَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ، وَأَعُوذُ بِكَ مِنَ الْجُبْنِ وَالْبُخْلِ، وَأَعُوذُ بِكَ مِنْ غَلَبَةِ الدَّيْنِ وَ قَهْرِ الرِّجَالِ.

O Allah, I seek refuge in You from griefs and anxieties. And I seek refuge in You from helplessness and laziness. And I seek refuge in You from cowardice and miserliness. And I seek refuge in You from the heaviness of debts, and the overpowering of men. (Abu Dawud #1555)

9. Whosoever read this dua with sincerity in the morning, then if death comes to him, he will enter Jannah. And whosoever reads it with sincerity in the evening, then if death comes to him, he will enter Jannah.

اللَّهُمَّ أَنْتَ رَبِّي ، لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ ، وَأَبُوءُ بِذَنْبِي، فَاغْفِرْ لِي ، فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ .

O Allah, You are my Lord. There is no god but You. You have created me and I am Your servant and as far as possible I abide by Your promise and covenant (which I made with You). I seek Your protection against the consequences of my wrongdoings. I fully acknowledge the grace You have bestowed upon me and confess my faults. So pardon me, as none besides You can pardon sins. (Bukhari #6306)

10. Allah promises to make that person pleased with Him who reads the following dua three times in the morning and evening.

رَضِيتُ بِاللَّهِ رَبًّا، وَ بِالْإِسْلَامِ دِينًا، وَ بِمُحَمَّدٍ ﷺ نَبِيًّا.

I am pleased with Allah as the Lord, with Islam as the Religion and with Muhammad ﷺ as the Messenger. (Tirmidhi #3389)